SAFE Questionnaire I : Single Applicant

INSTRUCTIONS

 Please answer the following questions as they apply to you. Check all the choices that apply. Most of the questions have more than one answer. 			
Print N	Tame: Date:		
1	Who primarily raised you? ☐ Mother and Father ☐ Stepfather ☐ Older Sibling(s) ☐ Father ☐ Maternal Grandparent(s) ☐ Adoptive Parent(s) ☐ Mother ☐ Paternal Grandparent(s) ☐ Foster Parent(s) ☐ Mother and Stepparent ☐ Aunt(s) and/or Uncle(s) ☐ Institutional Caretaker(s) ☐ Father and Stepparent ☐ Mother and Mother ☐ Legal Guardian(s) ☐ Stepmother ☐ Father and Father ☐ Other:		
2	Were you separated from either or both of your parents during your childhood for any of the following reasons? No separations Parents separated Parent(s) long-term hospitalization Parents divorced Parent(s) in military Other: Parent(s) in prison		
3	How old were you when you first moved away from your parent(s) or primary caretaker(s) home? ———————————————————————————————————		
4	What were the circumstances that led you to leave home? Were there circumstances that led you to retain the circumstances the circumstances that led you to retain the circumstances the circumstances that led you to retain the circumstances the circumstances that led you to retain the circumstances the circumstan	urn? 	
5	Check the boxes that best characterize your childhood relationship with your mother or primary caregored. No relationship		

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6	Check the boxes that best characterize your childhood relationship with your father or primary caregiver:
	□ No relationship □ Friendly □ Affectionate □ Took care of father □ Abusive □ Warm □ Anxious □ Afraid of father □ Idolized □ Gentle □ Consistent □ Unpredictable □ Neglectful □ Smothering □ Distant/Uninvolved □ Full of conflict □ Caring □ Demonstrative □ Superficial □ Relaxed □ Supportive □ Over protective □ Strained □ Loving □ Fun □ Respectful □ Close □ Other:
7	If you were not primarily raised by your mother and/or father, which of the following best describes your relationship with your primary caretaker(s)?
	□ Not applicable □ Friendly □ Affectionate □ Took care of primary caretaker □ Abusive □ Warm □ Anxious □ Afraid of primary caretaker □ Idolized □ Gentle □ Consistent □ Unpredictable □ Neglectful □ Smothering □ Distant/Uninvolved □ Full of conflict □ Caring □ Demonstrative □ Superficial □ Relaxed □ Supportive □ Over protective □ Strained □ Loving □ Fun □ Respectful □ Close □ Other:
8	Check the boxes that best describe what your childhood experience was like:
	□ Painful □ Stable □ Traumatic □ Happy □ Confusing □ Spoiled □ Fun □ Frightening □ Enjoyable □ Wonderful □ Chaotic □ Sad □ Exciting □ Lonely □ Stimulating □ Unhappy □ Secure □ Difficult to remember □ Carefree □ Sickly □ Other:
9	Check the boxes that best describe your parents'/primary caretakers' relationship with each other when you were a child:
	No relationship
10	How would you rate your parents'/primary caretakers' ability to manage their lives? Mother or Primary Caretaker Father or Primary Caretaker
	□ Very good □ Very good □ Good □ Good □ Fair □ Fair □ Poor □ Poor □ Unknown □ Unknown

11	Check the boxes that bes when you were a child:	st describe the personal char	racteristics of your mother	r or primary caretaker
	 Not applicable Loving Perfectionist Domineering Isolated Happy Optimistic Calm Violent Substance Abuser Preoccupied Self-confident 	☐ Active ☐ Outgoing ☐ Generous ☐ Aggressive ☐ Shy ☐ Irresponsible ☐ Pessimistic/Worrier ☐ Temperamental ☐ Understanding ☐ Nervous/Anxious ☐ Fun/Playful ☐ Rigid	☐ Moody ☐ Overly critical ☐ Hardworking ☐ Flexible ☐ Content ☐ Serious ☐ Compassionate ☐ Friendly/Social ☐ Warm ☐ Supportive ☐ Dramatic ☐ Irritable	☐ Easy going ☐ Kind ☐ Self centered ☐ Unforgiving ☐ Stubborn ☐ Irrational ☐ Manipulative/Controlling ☐ Passive ☐ Prejudiced ☐ Emotional ☐ Reassuring ☐ Other:
12	Check the boxes that best caretaker when you wer	st describe the personal char re a child:	racteristics of your father	or other primary
	 Not applicable Loving Perfectionist Domineering Isolated Happy Optimistic Calm Violent Substance abuser Preoccupied Self-confident 	☐ Active ☐ Outgoing ☐ Generous ☐ Aggressive ☐ Shy ☐ Irresponsible ☐ Pessimistic/Worrier ☐ Temperamental ☐ Understanding ☐ Nervous/Anxious ☐ Fun/Playful ☐ Rigid	☐ Moody ☐ Overly critical ☐ Hardworking ☐ Flexible ☐ Content ☐ Serious ☐ Compassionate ☐ Friendly/Social ☐ Warm ☐ Supportive ☐ Dramatic ☐ Irritable	☐ Easy going ☐ Kind ☐ Self centered ☐ Unforgiving ☐ Stubborn ☐ Irrational ☐ Manipulative/Controlling ☐ Passive ☐ Prejudiced ☐ Emotional ☐ Reassuring ☐ Other:
13	Who primarily disciplin	ed you during your childho	od?	
	 □ Both parents equally □ Mother □ Father □ Stepmother □ Stepfather □ Older sibling(s) □ Other: 		ent(s) rdian(s)	

14	during your childhood:	sJ/primary caretaker(s) disci	plined you
	Mother or Primary Caretaker	Father or Primary Caretaker	
	□ Not applicable □ Praised positive behaviors □ Consistently □ Shamed □ Fairly □ Grounded □ Strictly □ Removed privileges □ Leniently □ Logical consequences □ Withheld food □ Sent me to my room □ Used time outs □ Ignored misbehaviors □ Reasoned with me □ Used physical restraints □ Spanked □ Physically punished □ Family Meetings □ Other:	☐ Not applicable ☐ Consistently ☐ Fairly ☐ Strictly ☐ Leniently ☐ Made idle threats ☐ Lectured ☐ Used time outs ☐ Reasoned with me ☐ Spanked ☐ Family Meetings ☐ Other:	Praised positive behaviors Shamed Grounded Removed privileges Logical consequences Withheld food Sent me to my room Ignored misbehaviors Used physical restraints Physically punished (other than spanking)
15	Check the boxes that represent the personal values held Mother or Primary Caretaker	by your parent(s)/primary care	
	□ Not applicable □ Honesty □ Religious beliefs □ Family closeness □ Compassion □ Family support □ Social conscience □ Social status □ Strong work ethic □ Education □ Being responsible □ Self respect □ Freedom of expression □ Independence □ Leading a balanced life □ Making money □ Being a parent □ Fidelity □ Patriotism □ Healthy life style □ Spiritual/Cultural □ Other: Practice	 Not applicable Religious beliefs Compassion Social conscience Strong work ethic Being responsible Freedom of expression Leading a balanced lift Being a parent Patriotism Spiritual/Cultural Practice 	
16	How do your own personal values compare to those of y	our parent(s)/primary careta	lker(s)?
	 □ Basically share the same values □ Share most of their values □ Share some of their values □ Do not share any of their values □ Don't know 		

17	Check the boxes that best describe your parents'/primary of you were a child:	caretakers' attitudes about sexuality when	
L	Mother or Primary Caretaker F	Father or Primary Caretaker	
	□ Unknown □ Awkward discussing □ Open about sexuality □ Believed sex was sinful □ Comfortable discussing □ Liberal sexual attitudes □ Old fashioned □ Conservative attitudes □ Never discussed sex □ Sexually repressed □ No sex before marriage □ Sexually irresponsible □ Condemned □ Supported homosexuality sex education □ Knowledgeable □ Other:	Unknown Open about sexuality Comfortable discussing Old fashioned Never discussed sex No sex before marriage Condemned homosexuality Knowledgeable Awkward discussing Believed sex was sinf Liberal sexual attitude Conservative attitude Sexually repressed Sexually irresponsibl Supported sex education Other:	
18	Check the boxes that best describe what you were like as a	a child (pre-teenage years):	
	□ Happy □ Awkward □ Responsible □ Temperamental □ Self-confident □ Sad □ Stubborn □ Friendly □ Irresponsible □ Unhappy □ Calm □ Anxious/Ne □ Aggressive □ Serious □ Active □ Fearful □ Hyperactive □ Funny	□ Disobedient □ Curious e □ Outgoing □ Compliant	
19	Check the boxes that best describe what you were like as a	a teenager:	
	□ Happy □ Awkward □ Responsible □ Temperamental □ Self-confident □ Sad □ Stubborn □ Friendly □ Irresponsible □ Unhappy □ Calm □ Anxious/Ne □ Aggressive □ Serious □ Active □ Fearful □ Hyperactive □ Funny	☐ Disobedient ☐ Curious ☐ Outgoing ☐ Compliant	
20	When you were a child, with whom would you confide?		
		Counselor(s)/Teacher(s) Psychiatrist(s)/Psychologist(s)/Social Worker(s) Clergy	
21	When you were a child or adolescent, did you require cou	inseling or psychiatric care?	
	□ No □ Yes		
22	Are there issues, traumatic incidents or accidents from yo	our childhood that currently cause you distress?	
	□ No □ Yes		

23	Check the boxes that best describe your early dating experiences:			
	□ Didn't date□ Fun□ Unremarkable□ Chaperoned	☐ Traumatic ☐ Too much too soon ☐ Dull ☐ In groups	☐ Extensive ☐ Unusual ☐ Pressured ☐ Friendly	☐ Frightening ☐ Exciting ☐ Limited ☐ Other:
24	Check the boxes that b	est describe your early sex	xual experiences:	
	☐ Limited ☐ Traumatic ☐ Awkward ☐ Exciting	☐ Unremarkable☐ Unusual☐ Romantic☐ Regretful	☐ Frightening ☐ Confusing ☐ Shameful ☐ Amusing	☐ Pleasurable ☐ Abusive ☐ Pressured ☐ Other:
25	If you were married pr	reviously, how did your m	arriage(s) end?	
	☐ Not applicable	☐ Divorce ☐	Death of spouse(s)	☐ Annulment
26	If you were previously	in a domestic partnership	o(s), how did your parti	nership(s) end?
	 □ Not applicable □ Terminated partnership without legal agreement(s) □ Terminated partnership with legal agreement(s) 			
27	If you went through a divorce or terminated a domestic partnership, check the boxes that best describe what the experience was like for you:			
	□ Not applicable□ Easy□ Expensive□ Frightening	☐ Painful ☐ Unfair ☐ Bitter ☐ Amicable	☐ Crazy ☐ Frustrating ☐ Fair ☐ Devastating	□ A relief□ Long and drawn out□ Depressing□ Other:
28	Have you ever been in a custody dispute?			
	□ No □	Yes		
29	Are you currently in a relationship?			
	□ No □	Yes		
	If yes, please characterize the nature of the relationship(s):			
	\square Long term \square	New 🗆 Intima	ate 🗌 Casual	☐ Multiple Relationships
30	How often do you argu	ne with others?		
	□ Never□ Rarely□ Once or twice a we	Once or twice Once or twice Several times	e a month	☐ Almost daily ☐ Once a day

31	Check the boxes that best describe the major areas of conflict between you and others:			
	 Not applicable □ Discipline of children □ Religion □ Alcohol/Drugs □ Emotional closeness □ Family involvement 	Personal habits Household chores Work Infidelity Emotional separateness Money	Sexual relations Politics Values Separate activities Time apart Travel	Personal expectations Friends Leisure time Shared activities Time together Other:
32	Check the boxes that best des with others:	scribe the way you typically	react when you have a m	ajor disagreement
	 Not applicable Reach agreement through Take time to think things Give in and attempt to sm Seek outside help such as Sometimes pound or brea Change the topic 	over before discussing nooth things over s a counselor/clergy person	☐ Agree to disagree ☐ Sometimes yell and ☐ Leave the house to come silent ☐ Try to outwit them ☐ Things get physical ☐ Other:	
33	Check the boxes that best des	cribe your current relations	hip with your mother an	d father/primary caregivers:
L	Mother or Primary Caretaker Father or Primary Caretaker			
	Mother deceased No contact Strained Distant Caring Emotionally intense Hostile Understanding Argumentative Manipulative Positive Supportive	Dependent Loving Very close Comfortable Over involved Not involved enough On again/off again Problematic Enjoyable Improving Gratifying I am caretaker for Other:	☐ Father deceased ☐ No contact ☐ Strained ☐ Distant ☐ Caring ☐ Emotionally intense ☐ Flexible ☐ Hostile ☐ Understanding ☐ Argumentative ☐ Manipulative ☐ Positive ☐ Supportive	☐ Dependent ☐ Loving ☐ Very close ☐ Comfortable ☐ Over involved ☐ Not involved enough ☐ On again/off again ☐ Problematic ☐ Enjoyable ☐ Improving ☐ Gratifying ☐ I am caretaker for ☐ Other:
34	How helpful and supportive	do you feel members of your	extended family are/wil	l be to you as a parent?
	 □ Not applicable □ All family members are health of the control of the contro	helpful and supportive d supportive portive		

35	socio/economic status, sexual orientation, politics, etc., interfere with family relationships. To what		
	degree is that the case in your family?		
	☐ Issues such as these do not interfere with relationships within my family ☐ Issues such as these seldom interfere with relationships within my family ☐ Occasionally issues such as these interfere with relationships within my family ☐ Frequently issues such as these interfere with relationships within my family		
36	How comfortable are members of your extended family when it comes to being around and relating to children?		
	 Not applicable All family members are comfortable Most family members are comfortable About half are comfortable Few are comfortable No family members are comfortable 		
37	List your siblings according to how close or distant your relationship is with them: I don't have any brothers or sisters		
	I am very close to: I am somewhat close to: I am distant from: I am in conflict with:		
38	How many members of your immediate and extended family are ready, willing and able to fully accept an unrelated child into the family?		
	 □ All family members are ready, willing and able to fully accept □ Most family members are ready, willing and able to fully accept □ About half are ready, willing and able to fully accept □ Few are ready, willing and able to fully accept □ No family member is ready, willing and able to fully accept 		
39	How many people in your life, outside of your family, are ready, willing and able to provide you support as a parent?		
	 □ There are numerous people who are ready, willing and able to be supportive □ There are several people who are ready, willing and able to be supportive □ There are a few select people who are ready, willing and able to be supportive □ There is one person who is ready, willing and able to be supportive □ There is nobody who is ready, willing and able to be supportive 		

40	How many people in your life cause you serious conflict and stress?		
	☐ There are numerous people who cause me serious conflict and stress ☐ There are several people who cause me serious conflict and stress ☐ There are a few select people who cause me serious conflict and stress ☐ There is one person who causes me serious conflict and stress ☐ There is nobody who causes me serious conflict and stress		
41	Check the boxes that best describe your community involvement:		
	☐ Have no friends that I socialize with ☐ Active in politics ☐ Have a few friends that I socialize with ☐ Regular attendance at religious services ☐ Regular involvement in social organizations ☐ Cocasional attendance at religious services ☐ Rarely/Never attend religious services ☐ Active in community organizations ☐ Cocasional involvement in social organizations ☐ Occasional involvement in community organizations ☐ No involvement in community organizations ☐ Cultural events ☐ Other: ☐ Cultural events		
42	If you are employed outside of the home, how many hours per week do you work?		
	 □ Not applicable □ 20 - 30 hours □ 41- 50 hours □ More than 50 hours 		
43	If you are employed outside of the home, how long have you worked at your current job?		
	□ Not applicable □ years and months		
44	Whether you work inside or outside the home, do you enjoy your work?		
	\square No \square Most of the time \square Some of the time \square All of the time		
45	Have you ever been fired?		
	□ No □ Yes		
46	Do you plan any career or job changes in the near future?		
	□ No □ Yes		

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47	How do/will you discipline a child in your care?			
	□ Lecturing □ Use "time ou □ Rational discussion □ Raise my voic □ Consistently use reasonable consequences □ Send child to □ Ignore the child's misbehavior □ Tell child the □ Discipline according to how I feel at the time □ Tell child the □ Physical restraint, e.g., strap down in crib □ Threaten pure	ce		
48	What is the overall condition of your health?			
	\square Excellent \square Good \square Fair \square Poor			
49	Have you ever been hospitalized or had surgery?			
	□ No □ Yes			
50	Are you currently taking any medication(s)?			
	□ No □ Yes			
51	☐ Indicate which family member by using the following code, placing the appropriate number in front of the condition:			
	1 = SELF 2 = PARENT(S) 3 = SIBLING(S) 4 = CHILDRE	High blood pressureHigh cholesterolAllergiesHeart conditionIntellectual disability tyAnxiety/Panic attacks lerInfertility/Sterility		
I affirm that the information given in this questionnaire is correct to the best of my ability. Signature:				