

Welcome to Summit's Teaming up with Parents

Teaming up with parents is designed to assist parents by providing families TBRI (Trust Based Relational Interventions) techniques that are used in our summit program.

TRUST BASED RELATIONAL INTERVENTION (TBRI)

TBRI is an evidence based holistic intervention. Designed to meet the needs of the "Whole Child," and based on the knowledge that trauma can be anything that negatively effects the brain, TBRI techniques are attachment based, neuro-developmentally informed, and trauma responsive.

Teaming up with Parents will benefit families...

By providing families/caregivers an approach that is developmentally respectful to youth that has experienced trauma. Practicing TBRI principles, caregivers help youth to return to natural developmental trajectory. Families/caregivers gain an understanding of the effects of trauma on the brain.

Teaming up with Parents provides a safe environment for families to strengthen the attachment that has been affected by trauma-based behaviors.

Trust Based Relational Intervention

Principles...

Connecting – families will strengthen and reconnect with youth.

Empowering – families and youth learn strategies that provide self- regulation and teach proactive steps to lessen trauma behaviors.

Correcting – families learn proactive and responsive strategies that will rewire the brain and provide a muscle memory to a more desirable behavior.



The goal for Teaming up with Parents is to help families strengthen their connection and empowering the family as a whole.