

# volunteer mentors

## connect for *life!*

**if you are** easy-going and friendly, patient and stable, a good listener, and willing to get out of your comfort zone, then volunteer mentoring may be right for you!



### volunteer mentors will

- Spend 6 to 8 hours each month with youth aging out of foster care.
- Commit to being part of a supportive network of caring adults for a minimum of one year.
- Participate in group events to help develop natural connections with mentees.
- Engage in intensive training and supportive interactions with young adults who need positive role models.

### take the next step

contact our Volunteer Mentoring Coordinator, Kate Faggella-Luby, at 817.566.1619 or e-mail [Kate.Faggella-Luby@ACHservices.org](mailto:Kate.Faggella-Luby@ACHservices.org).

### for more information

visit our website at [ACHservices.org](http://ACHservices.org)



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# FAQs



## What is volunteer mentoring?

ACH's Mentoring Initiative builds a network of supportive volunteers to help young people overcome life's challenges and achieve their goals by providing a sense of belonging and connection.

## What is required to be a volunteer mentor?

A volunteer mentor must be at least 25 years old in order to participate. Candidates must successfully complete an application and thorough screening process which includes background check, drug screen, national sex offender registry check, fingerprinting, TB skin test and in-person interview. Volunteer mentors are expected to meet a minimum one-year service commitment and participate in required training prior to and during their time in the program.

## Who are the mentees?

Young people participating in the groups live in one of two ACH programs that serve teens and young adults aging out of the foster care system. The Wedgwood Transitional Living Program offers a safe, stable and nurturing home for youth, ages 14 and up. The LIFE Project promotes self-confidence and self-sufficiency for young adults, ages 18-21.

## What service options do mentors have?

### ■ Connections for LIFE Mentors

Form lasting bonds with young adults in ACH's care through fun group-based activities. 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of each month, 7-9 pm; with one Saturday/Sunday afternoon per month.

### ■ Circle of Caring Mentors

Create a positive environment for youth in ACH's Wedgwood Transitional Living Program, through fun and engaging life-skill activities. 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays of each month, 7-9 pm, with one Saturday/Sunday afternoon per month.

### ■ LIFE Project Supper Clubs

A group of volunteer mentors who coordinate and share in a family-style meal with young adults in the LIFE Project. One Sunday per month, 2-3 hours of time, plus any prep time.



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