



Through Intercept[®], a program of Youth Villages, ACH is helping to strengthen families to prevent or limit the need for foster care.

Intercept[®] is an evidence-based, comprehensive in-home services model with a versatile, broad scope helping youth from birth to age 18, who are involved in child welfare, children's mental health and/or juvenile justice systems. ACH specialists meet children, parents, caregivers and other involved stakeholders at a critical crossroads helping to reduce out-of-home placements and accelerate permanency. Rated "Well-Supported" by the Title IV-E Prevention Services Clearinghouse, Intercept has helped tens of thousands of youth and families in 20 states since 2006.



Empowering parents and caregivers

Through Intercept, parents and caregivers learn parenting, behavior management, problem-solving, family functioning and coping skills and are supported as they connect with community resources. ACH specialists support every member of the family, interact in the neighborhood and with children's peers, and provide 24-hour, in-person crisis support.

The Path to Well-being for Children and Families

FAMILY ENGAGEMENT & COLLABORATION

Families are the foundation of everything we do. Staff build trust and engage with caregivers to plan and implement interventions that help youth and improve family functioning.



WHOLE FAMILY CARE

Family well-being is the focus. Specialists identify family strengths and help everyone build new skills. Addressing the needs of every member of the family — including caregivers and siblings — promotes long-term success for the whole family.

SAFETY & STABILITY

All families need to feel safe. With Intercept support, safety in the home and community is addressed, allowing an increase in family stability leading to permanency for the youth.

STRONG COMMUNITY RELATIONSHIPS

Effective relationships built between caregivers and the community, including school staff, social services and other service providers strengthen a family's network of support. Specialists make connections with community resources, neighbors and the youth's peer group to build ongoing positive support.

COMMUNICATION & PROBLEM-SOLVING

Youth and families build communication and problem-solving skills leading to improved family functioning and healthier relationships.

The Intercept Difference



FAMILY-CENTERED AND INDIVIDUALIZED

After a thorough assessment, services are tailored to meet the needs and goals of the identified youth and all members of the family, navigating concerns in the neighborhood, school, extended family, peer group and community.



COMPREHENSIVE AND VERSATILE

Intercept is one of the most flexible evidence-based, in-home program models, helping children from birth to age 18, involved in child welfare, children's mental health or juvenile justice systems. It is effective when used for family preservation, including prevention of entry and re-entry into care.



INTENSE AND ACCOUNTABLE

Intercept provides intensive — above and beyond — support to families for four to nine months. This includes 24/7 in-person crisis support if needed in an emergency. Intercept specialists are the single point of contact for the family and accountable for helping each family find well-being and long-term success.



GUIDETREE®

GuideTree is the expert resource created from more than 30 years of experience, data and science that equips staff to deliver individualized and research-based support to youth and families. GuideTree pairs the ongoing guidance of a master's level Licensed Program Expert with a robust online platform that contains over 1,700 evidence-based, evidence-informed and other best practice interventions and resources.



LONG-LASTING IMPACT

Through Intercept, caregivers and youth learn interventions, communication skills and family management practices they can use to handle challenges going forward. Specialists help families navigate multiple systems, including school, court, peer groups and the broader community promoting collaboration and allowing success to be sustainable.

Rigorous Evaluations

Conducted by The Center for State Child Welfare Data at Chapin Hall

53% **PLACEMENT STUDY NO. 1:** Intercept reduced the odds of out-of-home placement by **53%** following the first maltreatment investigation. The effect of Intercept was sustained at six and 12 months after Intercept services ended.

37% **PLACEMENT STUDY NO. 2:** Examining a more recent sample of youth in a shorter evaluation window, **Intercept reduced the odds of out-of-home placement by 37%** following a maltreatment investigation.

24% **PERMANENCY STUDY:** Compared to a matched comparison group, the **odds of achieving permanency were 24% higher with Intercept.**



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