



ACH child and family services

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**Planned Giving News for
Supporters of ACH Child
and Family Services**

CIRCLE OF LIFE
GIVING  **SOCIETY**

A Message

FROM WAYNE CARSON, PH.D.

Dear Friend,

We are all familiar with the challenges of navigating change, but children in foster care perhaps understand that more than most. Change is often the norm for the children, young adults and families in our care.

But with a little careful planning now, you can help make sure children and families can successfully overcome any hurdles amid whatever disruptions inevitably come their way.

A gift to ACH Child and Family Services through your estate will help protect children and preserve families for generations to come, helping ensure that children and youth can experience safety, hope and love, and that families can thrive.

In this issue of our Circle of Life Giving Society newsletter, I hope you'll be inspired by Sandra Soria and her story of how just one simple change in her retirement plan will now positively impact children's lives long into the future — and it took less than 15 minutes to make the change!

Should you have questions about leaving a legacy of your own through ACH, please contact Dixie Mullins, our Chief Development Officer, at 817-886-7115 or by email at Dixie.Mullins@ACHservices.org.

Thank you for your compassion and unwavering commitment to our shared mission. Your partnership has been invaluable and does not go unnoticed!

Gratefully,



Wayne Carson, Ph.D.
Chief Executive Officer



Our Mission

PROTECTING CHILDREN.
PRESERVING FAMILIES.
SINCE 1915.

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SANDRA SORIA: SUPPORTING KIDS IN EVERY WAY



Sandra Soria lives a life of purpose. She has worked in healthcare for more than 30 years. She is very active in her church, where she has volunteered in many leadership capacities.

Sandra feels the most impactful volunteering she has been part of has been mentoring young people, whether single moms or elementary school kids.

Many years ago, a friend from church suggested she volunteer with ACH, and that is when she first learned about ACH's mission of protecting children and preserving families.

More recently, Sandra has invited an ACH speaker to provide presentations to her Sunday School class, and the class provided dinner for children at the Pat O'Neal Youth Emergency Shelter.

The work of ACH resonates with Sandra because of their excellent care for vulnerable abused and neglected children.

She says, "Kids are not just the future, they are integral parts of our society we must support now. ACH understands and actively works to that end."

Recently, Sandra participated in a webinar offered by ACH on values-based estate planning. She learned that she could help ACH in the future by making a simple change to her plan, rather than rewriting her will. She decided to make ACH a beneficiary of her retirement plan.

Sandra shares, "The whole process took less than 15 minutes, and it assures me that my financial resources can benefit the programs I believe in."

"There are so many causes and ways to use our influence to reshape our world, but very few can reach as many children in a crucial period of development as ACH can," says Sandra. ACH is beyond grateful for Sandra's strategic generosity.

Did You Know...

There are many ways to make a planned gift and support the needs of children, young adults and families in ACH's care. Gifts from retirement plans, appreciated stock and life insurance can be made during your lifetime or after.

Retirement Plans

A gift from a retirement or pension plan is an easy way to support children and families! Available funds that go beyond the comfortable care of yourself or loved ones may be given to ACH.

Appreciated Stock

A gift of appreciated stock, held more than one year, makes an excellent donation. It's generally deductible at its fair market value, and you avoid all capital gains taxes on the increase in value while receiving a charitable tax deduction.

Life Insurance

Insurance is another simple way to make a substantial future gift. Naming ACH as the beneficiary or co-beneficiary on a new or existing policy is considered a charitable deduction from estate taxes when distributed. You can choose for ACH to receive all or part of the proceeds of your policy.

CIRCLE OF LIFE GIVING SOCIETY



SMALL EFFORT, BIG DIFFERENCE

While many people think of a will as their estate plan, a will is only part of most plans. Half of Americans do not have a will – and if they have one, chances are it is very outdated. Creating a will or updating an existing one is important to ensure the security of your loved ones after you're gone. However, some of your assets will automatically pass to your family.

A Simple Form

It's easy to designate beneficiaries for retirement assets, investments and life insurance by completing a simple Beneficiary Designation form. In fact, it's one of the easiest gifts to make. When you opened your IRA, your IRA administrator provided you with a form to designate your beneficiary(s). You can request a new form, or many investment companies now allow you to change your

beneficiaries online. To search for your plan administrator online and obtain a Beneficiary Designation form please, visit our website and locate Beneficiary Designation Gifts under How to Give at the top of the page.

Multiple Beneficiaries

Keep in mind that there are many ways you can pass on your assets outside of your will. You can designate multiple beneficiaries, taking care of your family and the causes most important to you. If you want to help ACH Child and Family Services' mission to protect children and preserve families, please consider making our organization a beneficiary in an amount or percentage of your choosing.©

The Perfect Time to PLAN

There is no better time than now to think about your future. As you do, reflect on all you have done with your life. You are important to your family, your friends and the causes you give to and support. Plan your future to honor your past. Fortunately, it is fairly easy and rewarding.

With proper planning (even with just a basic plan) you can provide for your family, friends and the causes important to you. If you don't have a will or estate plan or it needs revising, make a commitment to get it done. When you do:

- You preserve and emphasize your priorities.
- You won't leave your **value** and valueables to be interpreted and decided by a judge you do not know in a court you will never see.

- Your family benefits from your thoughtful decisions and planning by avoiding unnecessary taxes.

Add INCOME

As you plan, you may discover tools and ideas that benefit you unexpectedly. For example, ask us about a Charitable Gift Annuity. With this giving vehicle, you receive a fixed stream of income at attractive rates for life — no matter what the economy does.

It also gives you an income tax deduction and supports our mission after a lifetime of payments to you.©

If you fund it by transferring stock, you also receive capital gains benefits. Want to provide support for a spouse? You can provide payments to you, your spouse or someone else. To learn more about these and other tax smart ways to plan your estate visit our website at www.ACHservicesLegacy.org.

To learn how to designate ACH as a charitable beneficiary or to request a free Estate Planning guide, contact Dixie Mullins, Chief Development Officer at 817-886-7115 or Dixie.Mullins@ACHservices.org or scan the QR code below.



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